

**Dunes Learning Center**  
**Winter Survival in the Dunes Program**  
**What to Bring List (for students)**

**What to Bring**

The Winter Survival in the Dunes Program is conducted mostly outdoors. Please be ready for the weather. Layering your clothes is the best option for staying warm. Bring plenty of clothes so that you can dress in layers. Hats and gloves are essential. Don't forget them.

- 1 Small Backpack
- 1 Reusable Water Bottle (The Learning Center has spare stainless steel bottles)
- Winter Coat or Snow Suit
- 1 or 2 Warm Hats
- Warm Gloves or Mittens
- Scarf
- 4-5 Pairs of Warm Socks
- 2 Sweaters or Sweatshirts
- 2-3 Long-Sleeved Shirts
- 3 Pairs of Long Pants
- Long Underwear (Tops and Bottoms)
- Warm Shoes or Boots that can get Muddy (Boots Preferred)
- Extra Shoes and a Bag for the Wet Ones
- Pajamas
- Lip Protectant (ChapStick, Blistex, etc.)
- Sun Screen (Yes, you can get sunburned in the winter.)
- Towel and Washcloth
- Soap, Toothbrush, Toothpaste and other Toiletries
- Comb or Brush
- Drinking Cup
- Sleeping Bag or Rolled-Up Blankets and Pillow
- Extra Plastic Bags for Wet Shoes and Dirty Clothes

**OPTIONAL:** Camera, Book to Read Before Bed

**PLEASE DO NOT BRING:** Food, Gum, Candy, Hand-Held Electronics, Cell Phones

**FOOD AND DRINK IS NOT ALLOWED IN THE CABINS AT ANY TIME.**